## Royal Life Saving Society Bronze Medallion Awarded to Probationary Police Constable Roy James Gore July 1949





The Bronze Medallion, instituted in 1892, required proficiency in basic lifesaving and artificial respiration techniques and is used as a standard of achievement throughout the British Commonwealth.

The award emphasised swimming and life saving skills and is designed to demonstrate that the recipients have the necessary physical strength and stamina to effect body contact rescues.

In 1933 a bar system was introduced for holders of the Bronze Medallion to maintain their proficiency by means of subsequent re-examination.

The Bronze Medallion was awarded in a red box.

Extract from A Medallic History of the Royal Life Saving Society, by Jack Boddington 1983.